

Local Wellness Policy: Triennial Assessment Summary

Results, Progress and Goals

1. General Information

School(s) included in assessment: Callao C-8 School District

Month and year of current assessment: April 2024

Date of last LWP revision: April 2024

Website address for LWP and/or details on how public can access a copy:
www.callaoc8.com

2. Wellness Committee Information

How many times per year does your Wellness Committee meet? 4 times

POLICY LEADERSHIP: Designated School Wellness Leader

Name	Job Title	Email Address
Lydia McClellan	Administrator	lmcclellan@callaoc8.k12.mo.us

PUBLIC INVOLVEMENT: School Wellness Committee Members

*A diverse group of stakeholders should be invited including Administrators, Classroom Teachers, PE Teachers, SFA Reps, School Nurses, Community Members, Parents, Students, Medical/Healthcare Professionals

Name	Job Title	Email Address
Denata Sparks	Food Service Director	dsparks@callaoc8.k12.mo.us
Audrey Ford	LPN- Macon Health Dept.	aford@maconmohealth.org
Charlotte Weaver	Parent	akaslb4u@gmail.com
Rachel Muntz	Secretary	rmuntz@callaoc8.k12.mo.us
Rita Moore	PE Teacher	rmoore@callaoc8.k12.mo.us

4. ASSESS School Compliance with LWP and Progress Towards Goals

- Complete the *CDC's School Health Index (SHI)* - <https://www.cdc.gov/healthyschools/shi/index.htm>;
OR *Alliance for a Healthier Generation School Level Thriving Schools Integrated Assessment (TSIA)* - <https://www.healthiergeneration.org/take-action/get-help/how-to-complete-an-assessment#schools>;
OR *CDC's Wellness Policy in Action Tool (WPAT)* - <https://www.cdc.gov/healthyschools/wpat/index.htm>
OR *similar assessment tool*: _____

*Refer to language in your current local wellness policy to assist in determining preferred assessment tools for your district

- Assessment Tool Scores: Module 1: 95%; Module 2: 97%; Module 4: 79%; Module 5: 42%; Module 6: 44%; Module 7: 89%; Module 8: 81%;
Module 9: 100%; Module 10: 70% _____
- Keep a copy of the results on file for at least three full school years plus the current year.

Using the tables below:

First, indicate language that is currently written in district local wellness policy in relation to each topic listed.

Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal.

Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Guidelines for All Foods & Beverages for Sale at School (School Meals, Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
•"Meals served through the district's food services program shall comply with the National School Lunch and/or Breakfast standards for meal patterns, nutrient levels, and calorie requirements for the ages/grade levels served, as specified in 7 CFR 210.10 or 220.8, as applicable. (working links provided)"	X			Continue following the guidelines and requirements to ensure standards are met.

Guidelines for Other Foods and Beverages Available at School, but Not Sold (celebration snacks, etc.)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
•"Classroom parties, celebrations, etc. shall be limited to one snack and one beverage from a list of Smart Snack allowable items."		X		Verbiage will be added to this section as follows: "Schools will not use food or beverages as rewards for academic, classroom, or sports performances."

Marketing and Advertising of Only Food and Beverages that Meet Smart Snack Guidelines	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
<ul style="list-style-type: none"> •"It is the policy of the School District that all foods and beverages sold to students during the school day on any property under the jurisdiction of the district will meet the U.S. Department of Agriculture (USDA) school meal and Smart Snacks in School (Smart Snacks) nutrition standards." 	X			Continue to follow guidelines and amend as needed.

Nutrition Education & Nutrition Promotion Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
The District will teach, model, encourage, and support healthy eating by all students and will provide nutrition education and engage in nutrition promotion.	X			Add verbiage : "School staff members shall be encouraged to model healthy eating and physical activity behaviors"

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
<ul style="list-style-type: none"> •"Physical activity opportunities should be provided at the school for families and community members." •"Recess, PE or other physical activities will not be withheld from students as a punishment for poor behavior or incomplete class work." 		X		<p>Add the following:•"Each school shall provide at least one physical activity break for every 60 minutes of academic instruction daily."</p> <p>Follow up with staff that physical activity is being promoted.</p>

